Tell us a story!



<u>Write us a story about Rochdale</u>

• Whether that's a letter, a memory, an essay or just 3 words – we want to hear whatever you want to say, however you want to say it.

OR

<u>Record yourself talking about Rochdale</u>

• Tell us about what Rochdale means to you in your own voice!

We accept stories in the following ways...

Written:

- Typed stories in Word **Doc** format (editable)
- Photos of hand written stories
- Stories sent as texts

Top Tips for audio recording your story

Most smart phones have a **audio recording** app, you can use this to record your story!

Alternatively you can send us a **voice note** on WhatsApp (quality may not be as good).

Here are our top tips for audio-recording your story:

via WhatsApp

Audio:

- Voice recordings of you talking (max 5 mins)
- Stories sent as voice notes via Whatsapp

Other:

 We accept videos for access reasons, such as BSL (max 5 mins)

Above all we want to hear your story! So, no matter what you think of the audio quality or story content...

send it in!

- Think about the space. Try and find the quietest space possible. Is it quiet? Are there any noises in the background? Fans? Building works?
- Try and find the 'deadest' space possible. A small room with lots of soft furnishings (e.g. living room / bedroom) will sound much better than a large space with lots of hard surfaces (e.g. kitchen / hall).
- Sit with your back to a wall or in a corner so that your phone mic is pointing at an enclosed area, not out into a big room space.
- Hold your phone close to you 30cm away best! Make sure it isn't on a table far away from your voice OR super close, where it will distort.